

Patient Name: _____ Date: _____

SURGERY INSTRUCTIONS

SURGERY

Date: _____ Time: _____

Arrival Time: _____

STEP 1: PRE-REGISTRATION

No later than two weeks before surgery, please pre-register with the Admissions Office – this can be done by calling +1 (800) 370-8644. This is to provide necessary insurance and demographic information to the hospital. Hours of operation are Monday through Friday from 8:30am-5:00pm.

STEP 2: PRE-ADMISSION SCREENING SERVICES

No later than two weeks before surgery, please call the PASS Unit (Pre-Admission Screening Services) at +1 (202) 715-4557 to speak with a triage nurse, who will guide you step by step in your preparation for surgery. Hours of operation are Monday through Friday from 8:00am-4:30pm (closed for lunch from 12:20pm-1:00pm). Please inform the nurse of any medication(s) (including aspirin) that you may be taking. The PASS Unit will clarify any additional pre-op instructions, **such as no solid food after midnight prior to surgery (see attached guidelines).**

STEP 3: DAY OF SURGERY

You will need to register at the George Washington University Hospital, 900 23rd St NW, 1st Floor Admitting. **Please use the kiosk to check in as soon as you arrive.**

Your family may receive multiple text updates from the hospital on how you're doing. Dr. Olding prefers that you opt out of this service, because our office will call your family member(s) when you are finished with your procedure. They will also be notified of when they can visit you in the recovery room after surgery, or, if they do not wish to visit the recovery room, they will reach out to your family when you are ready to go home. The recovery room nurse will explain all post-op care instructions when your family comes to pick you up from the hospital.

STEP 4: TRANSPORTATION

You must arrange for a responsible adult to take you home by car or cab. (Please see the attached map.) Parking is on H St between 22nd and 23rd St.

STEP 5: POST-OP MEDICATIONS

At your pre-op, you will be given prescriptions for pain and an antibiotic that you will need to fill before surgery, as you will start these after surgery. If no bowel movement after 3 days take a shot of Milk of Magnesia once in the morning and once in the evening and call the office to notify.

Please Note: Failure to follow the above instructions may result in the cancellation of your surgery. Please be advised that the surgery date and time is not firm. Surgery can be delayed or brought forward and this is dependent on timings for other surgeries scheduled on that day.