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**PLEASE DO NOT TAKE ASPIRIN or anything else on this list two (2) weeks before and 2 weeks after, unless your medical doctor or cardiologist has told you to take it. If so, please discuss this with Dr. Olding before scheduling your surgery.**

**DO NOT TAKE: Aspirin (acetylsalicylic acid) containing drugs:**

Alka-Seltzer	Coricidin	4-Way Cold Tablets
Anacin	Dristan	Midol
Arthritis Pain	Easprin	Pepto-Bismol
Ascriptin	Ecotrin	Percodan
Bayer	Excedrin	Sine-Off
Bufferin	Fiorinal	

**DO NOT TAKE: Aspirin-like drugs:**

Advil	Enbrel	Naprosyn
Aleve	Feldene	Nuprin (Ibuprofen)
Anaprox	Ibuprofen	Orudis
Anasaid	Indocin	Relafen
Athrotec	Lodine	Ultram
Celebrex	Mobic (Meloxicam)	
Clinoril Indocin	Voltaren	
Daypro (Oxaprozin)	Motrin	
Toradol	Nalfon	

**DO NOT TAKE: Nutritional Supplements**

Alfalfa	Flax Seed Oil	Papaya
Bilberry	Garlic	St. John's Wort
Cayenne	Ginger	Tart cherry
Chamomile	Ginkgo Biloba	Valerian
Chromium	Ginseng	Valerian Root
Cumin spice	Hydroxycut	Vitamin E
Dong Quai	Kava Kava	Yohimbe
Echinacea	Licorice Root	
Feverfew	Omega-3	
Fish Oil Caps	Ma Huang (Ephedra)	

**Please contact your Primary Care Physician if you are on the following medications:**

Heparin	Xarelto	Plavix	Warfarin
Coumadin	Lovenox	Eliquis	

**Notify Pre-Admission Nurse at hospital if on the following:**

Amitriptyline	Effexor
Elavil	MAO Inhibitors
Prozac	Wellbutrin
Zyban	Depakote (Divalproex)

**You MAY Take: Tylenol (Acetaminophen)**

We recommend that you not take any medications listed above. If you are on medication not listed, please call your pharmacist to ask if you can continue to take prior to surgery. If you are planning to take any over-the-counter medications prior to surgery, please ask the pharmacist whether he can recommend one that contains **NO ACETYLSALICYLIC ACID OR IBUPROFEN.**