

FULL LIQUID DIET

DC Cosmetic Surgery Center

Milk and Milk Products

- Milk
- Milkshakes
- Ice cream
- Custard
- Pudding
- Eggnog

Fruits

- All juices and nectar

Breads and Grains

- Cooked refined cereal
- Farina
- Grits
- Oatmeal cream of rice and oatmeal cream of wheat

Fats and Oils

- Butter, margarine and cream

Sweets and Desserts

- Sherbet
- Hard candy
- Plain gelatin
- Fruit ice
- Honey
- Syrups

Beverages

- All (including vegetable juices)

Soups

- Broth, bouillon, and strained creamed soups

NO VEGETABLES, MEAT, MEAT PRODUCTS, POULTRY OR FISH.