

NOTHING-BY-MOUTH GUIDELINES

NO SOLID FOOD after **MIDNIGHT** prior to your surgery date.

You may have **CLEAR LIQUIDS** up to **3 HOURS** before your surgery.

These clear liquids are acceptable:

- **Water**
- **Gatorade**
- **Apple juice**
- **Ginger ale**

If you have any questions about these guidelines, please call the PAT Unit at **(202) 715-4557**.